JOIN THE 2025 HDSA TCS NYC MARATHON TEAM PETER

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Run For a Cause, Run for Fun!



Huntin Society



### **HDSA NYC Marathon Program Overview**

The Huntington's Disease Society of America (HDSA) participates in the TCS New York City Marathon through its "Team HDSA" program. This initiative brings together runners from across the country to raise awareness and funds for Huntington's disease. Through this program, participants not only have the opportunity to run in one of the world's most iconic marathons but also supporting individuals and families affected by Huntington's disease through HDSA's Mission Programs.



## How the Program Works

Participants in the Team HDSA program commit to fundraising as part of their involvement. These funds are essential for advancing HDSA's mission, which includes:

- Providing resources and support to HD families.
- Funding scientific research aimed at developing treatments and ultimately finding a cure.
- Advocating for those impacted by Huntington's disease.

### **Expectations for Participants**

Fundraising Minimum: Runners are required to meet specific fundraising goals, which vary based on the benefits they choose. Fundraising pages are provided to all participants and remain active even after the marathon to encourage additional contributions.

#### The fundraising tiers are as follows:

#### Tier 1 – Fundraising Minimum: \$8,000

Reimbursement for travel to New York City for two people (up to \$1,000 total). Two nights of hotel accommodations in NYC. \$315 self-paid registration fee (counts toward fundraising minimum). Access to the NY Road Runners Coaching Lab Platform.

#### Tier 2 – Fundraising Minimum: \$6,000

Two nights of hotel accommodations in NYC. \$315 self-paid registration fee (counts toward fundraising minimum). Access to the NY Road Runners Coaching Lab Platform.

#### Tier 3 – Fundraising Minimum: \$3,750

\$315 self-paid registration fee (counts toward fundraising minimum). Access to the NY Road Runners Coaching Lab Platform.

#### Fundraising Deadline: All fundraising minimums must be met by October 13, 2025.



## What HDSA Provides

HDSA ensures its runners are well-supported throughout the program. All participants receive:

Guaranteed entry into the 2024 TCS NYC Marathon. A personalized fundraising page to help meet goals. Ongoing fundraising assistance and tips from HDSA staff and past Team HDSA runners. Opportunities to win fundraising raffle prizes. Official Team HDSA running jersey and swag. Access to private Facebook and Strava groups for Team HDSA athletes. A Kick-Off Lunch in NYC on Friday, October 31, 2025.

# **Additional Costs and Responsibilities**

#### Participants are responsible for:

Travel and Lodging Costs (unless covered by their fundraising tier). Marathon Entry Fee: The \$315 registration fee is self-paid but applies to the fundraising minimum.

#### **Community Impact:**

By joining Team HDSA, runners become ambassadors for the HD community. In 2024, the team raised over \$176,000, showcasing the dedication of participants to improving the lives of those affected by this rare neurodegenerative disorder. Beyond fundraising, Team HDSA runners increase visibility and awareness of HD through their participation in this globally recognized event.

#### To join the team please visit hdsa.org/nycmarathon