

Movement Intervention for Neurodegenerative Disease (M.I.N.D.): Dance for Huntington's Disease (HD)

Paul Dennis, Aubrey Johnson,
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Overview

- What has been going on Tewksbury (London)
- What has been going on in the UK
- What has been going on in the world
- What has been going on in the world
- What has been going on in the world

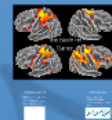
What we are interested in



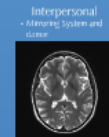
- What has been going on in the world
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Tewksbury Hospital



Interpersonal
- self awareness
- self awareness
- self awareness



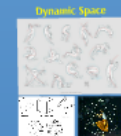
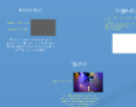
LET'S MOVE



Dance for Huntington's Disease



Kinesthetic, Spatial and Linguistic



Overview

- What we have been doing at Tewksbury Hospital
- Our interest in the brain on dance
- Multiple Intelligences by Howard Gardner
- Applying the Multiple Intelligences to our dance intervention
- Movement Session

Tewksbury Hospital



YouTube

www.youtube.com/watch?v=vd4xoEt4uPU



What we are interested in

Dance addresses the **WHOLE** person



Physical



Emotional



Cognitive

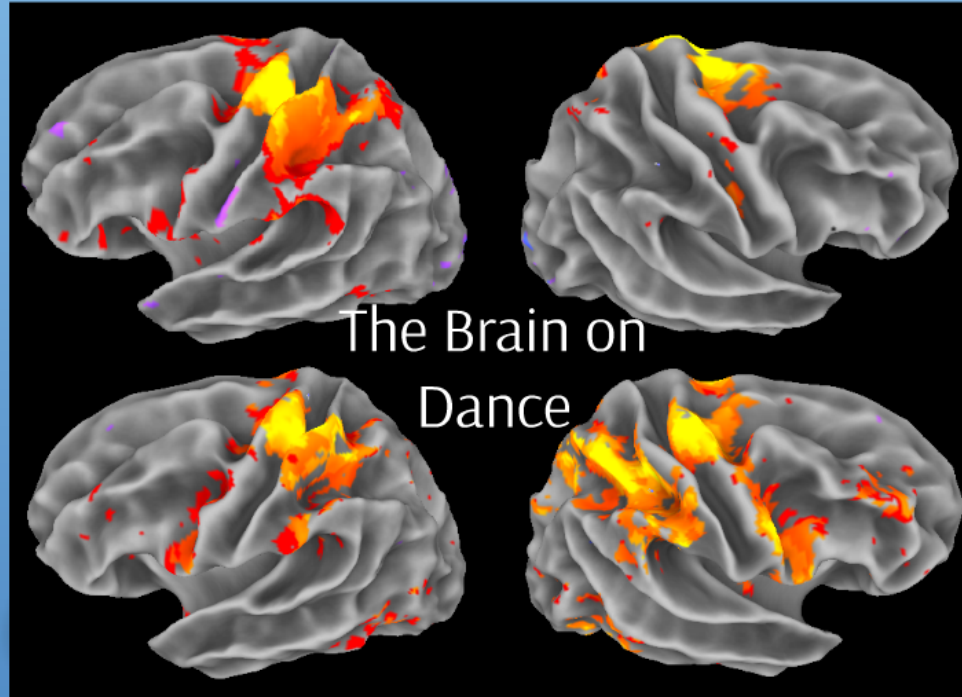
Assessment tools:

Unified Huntington's Disease Rating Scale (UHDRS).

- Motor Assessment
- Cognitive Assessment
- Behavioral Assessment
- Independence Scale
- Functional Assessment
- Total Functional Capacity (TFC)

Tinetti Balance Assessment Tool

Observational Gait Analysis



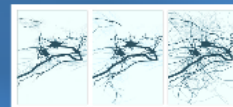
Multidimensional

- Both the brain and dance are multidimensional
- "The Neural Basis for Human Dance" (Brown, S. et al.)



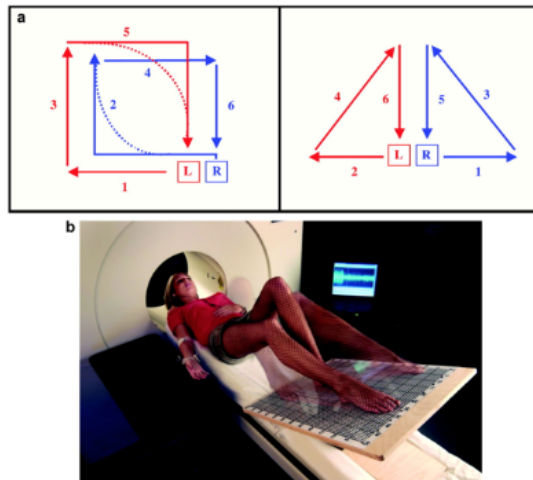
Neuroplasticity

- New connections
- Synaptic plasticity
- Circumventing damaged areas



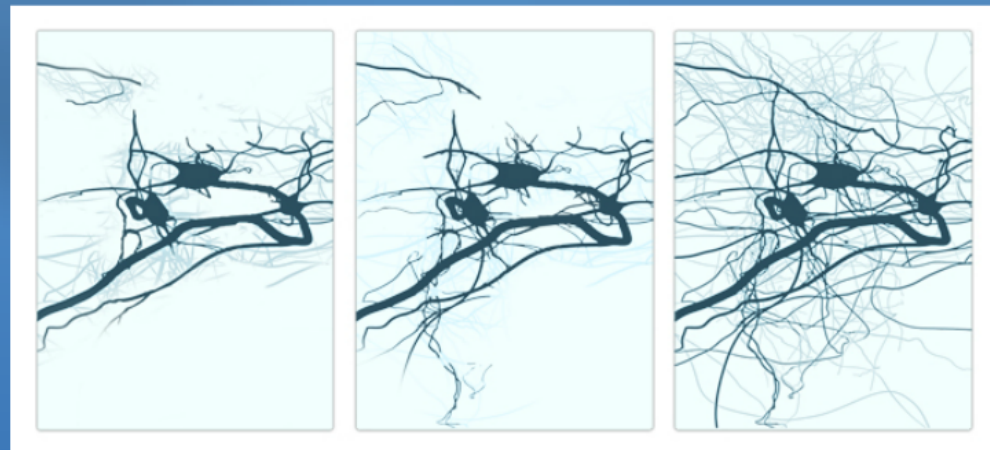
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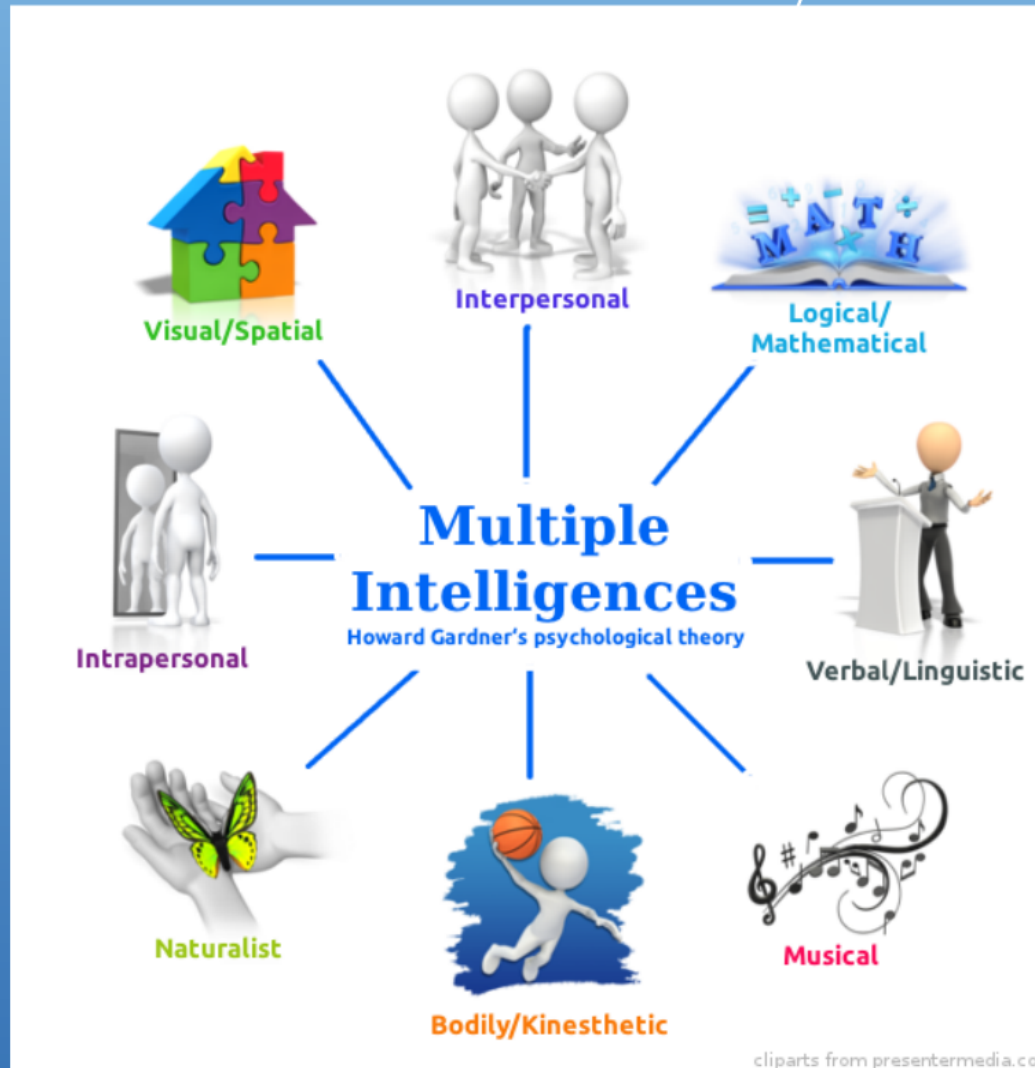


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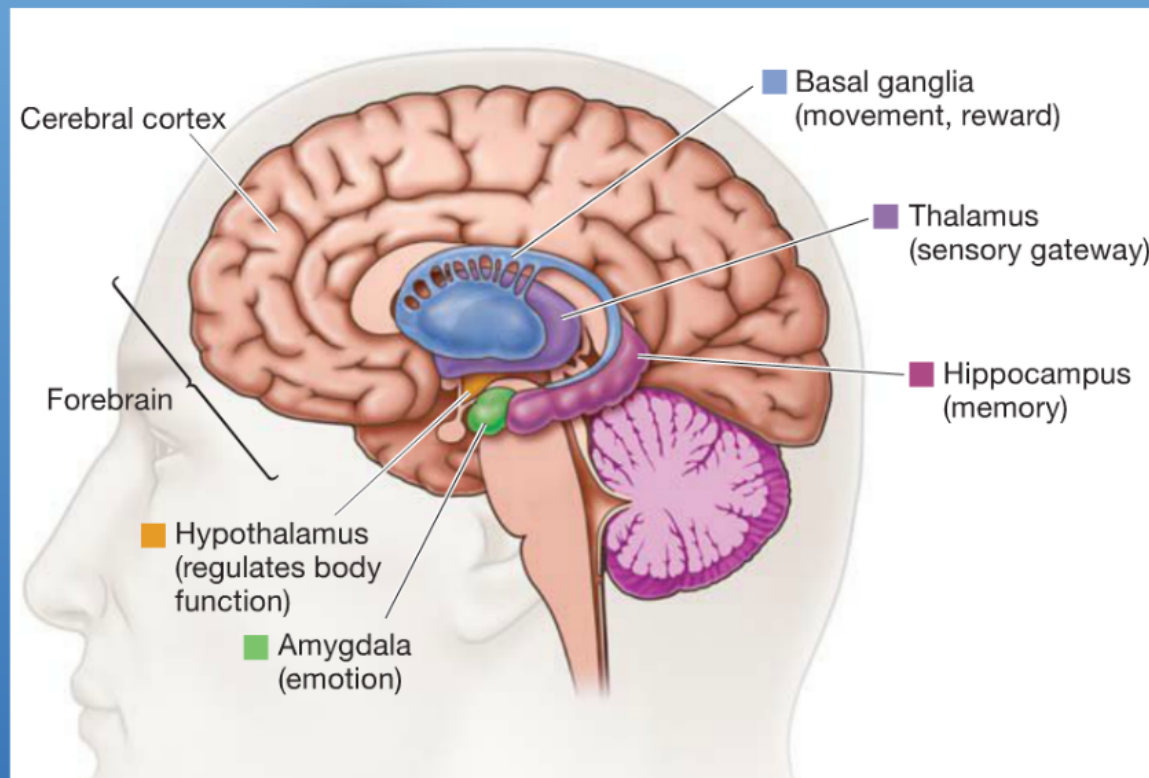


DANCE IS UNIQUELY SUITED TO ADDRESS THE WHOLE BODY/MIND



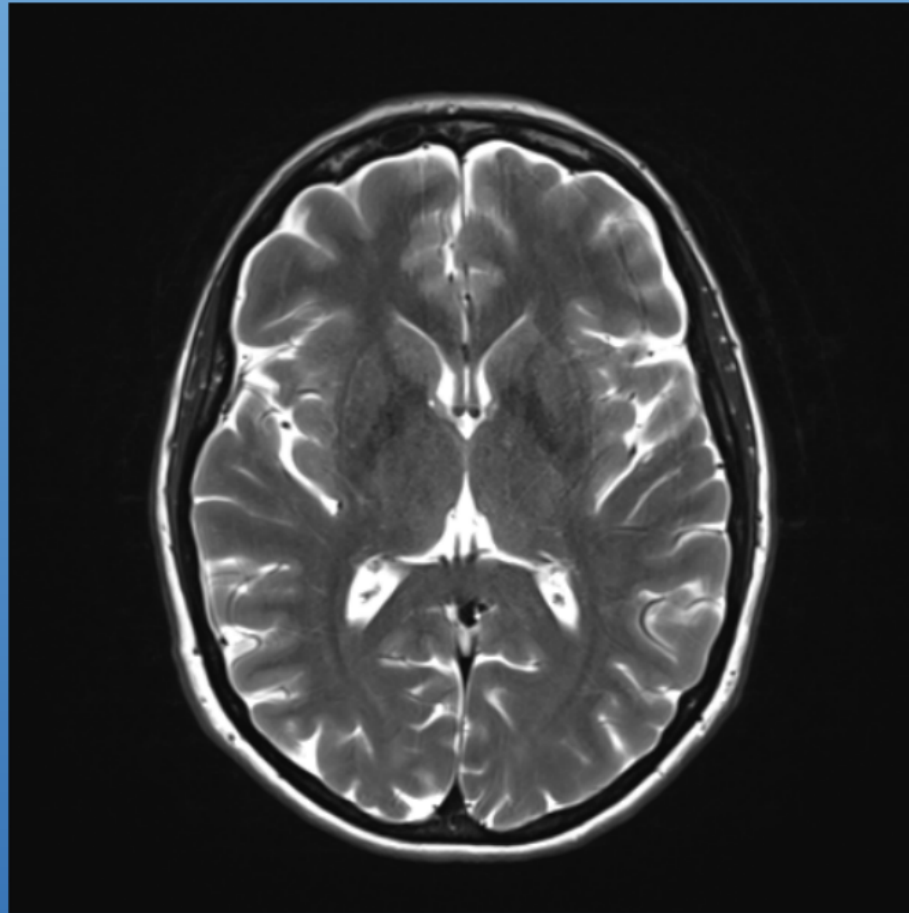
Intrapersonal

- Self awareness
 - Spatial
 - Emotional



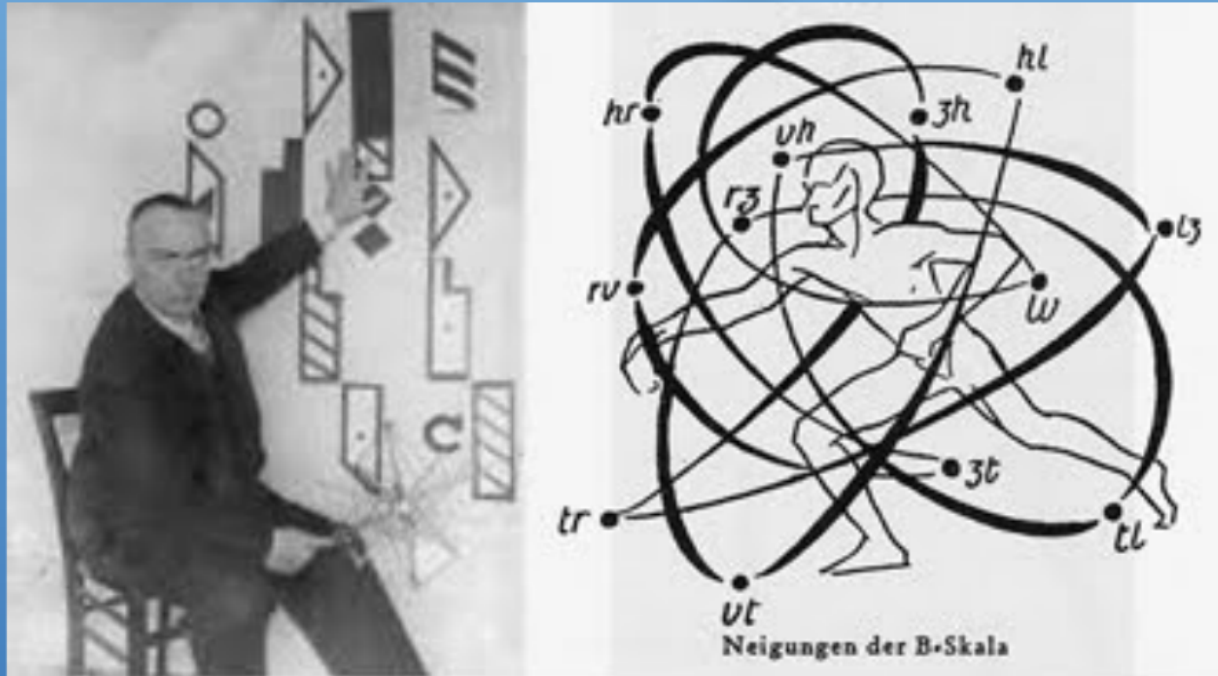
Interpersonal

- Mirroring System and dance



Rudolf Laban, 1879-1958

- Dance theorist and teacher



CHOREUTICS:

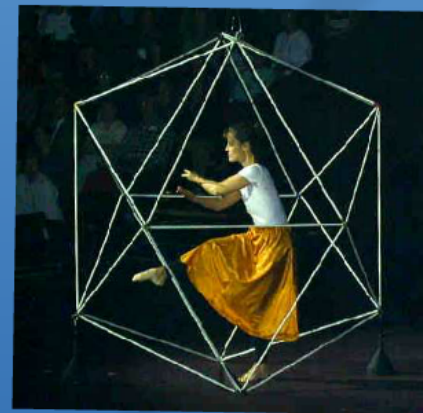
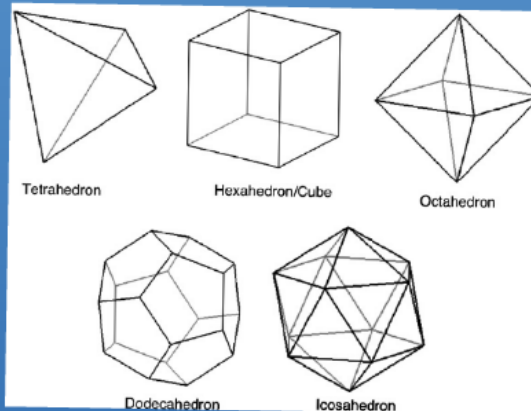
The art/science dealing
with the analysis and
synthesis of movement.



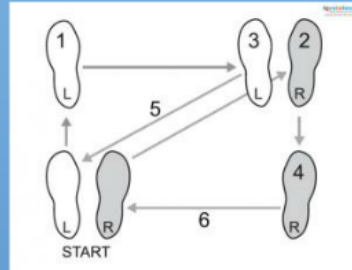
Irmgard Bartenieff 1900-1981

- Early proponent of LMA Combined Developmental principles and LMA theories
- Physical re-education.

Dynamic Space



LOGICAL/MATHEMATICAL



- * Detecting and working with patterns
- * Understanding relationships among actions.
- * Creative problem solving.

LETS MOVE

NATURALISTIC

“Lemon/Starfish” and “Gather/Scatter”



Use of natural surroundings
Plant, animal, nature imagery

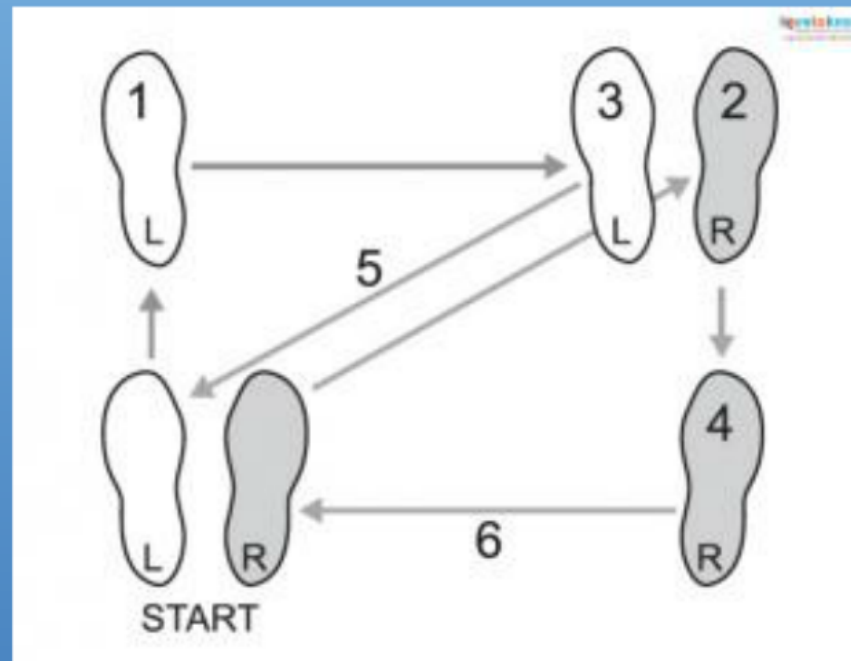
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Kinesthetic, Spatial, and Linguistic

Kinesthetic

Muscle Memory

Motor Control



How can dance and movement techniques influence individuals with HD to gain enough motor control to perform daily activities?

Linguistic

- Highly developed auditory skills and think in words
- Listening and processing instructions
- Verbal and visual cues
- Giving feedback



Spatial

Space and Time



The HD patients were better at recalling objects, but not as good at recalling spatial locations (Brandt, Shpritz, Munro, Marsh, & Rosenblatt, 2005)

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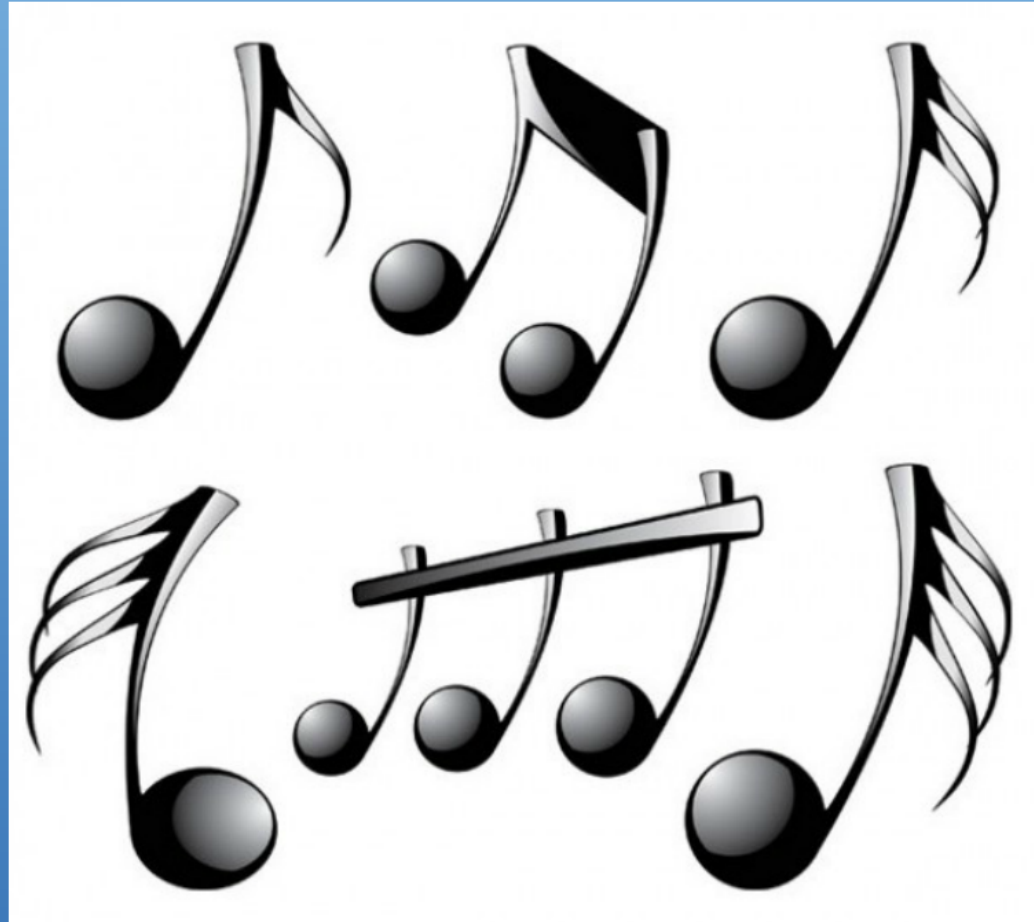
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Linguistic

- Highly developed auditory skills and think in words
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- Verbal and visual cues
- Giving feedback



Musical/Rhythmic



- * Uses sound and rhythm
- * Patterns and structure

Conclusion

Dance addresses the WHOLE person

DANCE IS UNIQUELY EFFECTIVE



Physical Emotional Cognitive

References

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