GOOD AFTERNOON!

As you are waiting for the session to begin, write down 1-3 types of conversations about HD that you have had a hard time with.
The information provided by speakers in workshops, forums, sharing/networking sessions and any other educational presentation made as part of the 2013 HDSA Convention program is for **informational use only**.

HDSA encourages all attendees to consult with their primary care provider, neurologist or other healthcare provider about any advice, exercise, medication, treatment, nutritional supplement or regimen that may have been mentioned as part of any presentation.
After this session **you** will be able to:

1. Begin conversations about HD with various types of people
2. Identify the information you want to share when talking about HD
3. Feel comfortable talking about HD and how you feel.
Types of Conversations

What types of **HD conversations** have you:

- felt uncomfortable with?
- struggled with?
- been afraid to have?
- wanted help with?
1. Introduction – 5 minutes
2. Parents & Family – 10 minutes
3. Friends & Acquaintances – 10 minutes
4. Romantic Partners – 10 minutes
5. Dual Relationships – 10 minutes
6. Questions – 10 minutes
7. Feedback – 5 minutes
Presenter Disclosures

Lauren Holder
I have had no personal financial relationships with commercial interests relevant to this presentation during the last 12 months.

Lindsey Zan, MS
I have had no personal financial relationships with commercial interests relevant to this presentation during the last 12 months.
Presenter Bios

Lauren Holder
- Winston-Salem, NC
- Married
- Animal lover
- Works in Medical Industry
- Local Chapter President

Lindsey Zan, MS
- New Orleans, LA
- A Longhorn & Total Foodie
- Business Psychologist
- Talking with Kids Workgroup
- Clinical Trials Diplomat
Talking with

PARENTS & FAMILY
Things to Consider
Talking with

FRIENDS & ACQUAINTANCES
Things to Consider
Talking with

ROMANTIC PARTNERS
Things to Consider

- What is the relationship?
- When is too soon?
- When is too late?
- How will you feel towards different reactions?
Talking with

PEOPLE IN DUAL ROLES
Things to Consider

How could this **impact**:  
- Program acceptance?  
- Career advancement?  
- Medical care eligibility?  
- Forming personal connections?
Asking for Help
Questions
Don’t forget to leave us feedback!