



In-Home Care Options Presented by Senior Home Care, Inc.

Speakers:

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Senior Home CareSM

Encouraging a Lifestyle of Independence[®]





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HDSA encourages all attendees to consult with their primary care provider, neurologist or other healthcare provider about any advice, exercise, medication, treatment, nutritional supplement or regimen that may have been mentioned as part of any presentation.

Presenter Disclosures

Tina Spinks and Kyle Haynes

The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

**No relationships to disclose
or list**



In-Home Care Options

- Medicare and most insurances require a patient to be considered **homebound** to receive services in the home
 - **Homebound**
 - Reasonable and taxing effort to leave the home
 - Does not exclude necessary medical events
 - Does not exclude **some** non-medical events
 - Your MD and other healthcare clinicians can help you determine if you qualify

Services Provided

- Skilled Nursing Services
 - Wide range of services from wound care, administration of prescription drugs, insulin care, IV care, and many more services
- Behavioral Health Nursing
 - Unique to most home care agencies we are the first certified national behavioral health home care agency and provided specialized psychiatric interventions with certified behavioral health registered nurses

Services Provided Cont'd

- Physical, Speech, and Occupational Therapy Services
 - Coordinated skilled therapy services provided with patient goal oriented interventions to achieve maximum patient outcomes and satisfaction

Services Provided Cont'd

- Medical Social Work (MSW)
 - Provide assistance for access to local, state, and federal assistance as well as skilled placement assistance, caregiver placement assistance, and much more
- Nutritional Support
 - Many branches also provided skilled nutritionists to assist our clients toward maintaining a healthy lifestyle and assist in managing dietary needs with changing health status

Statewide Density with Local Presence

- Largest privately held home health organization in the Southeast, 13th largest in the nation
- 1,800+ employees serving over 50,000 patients annually

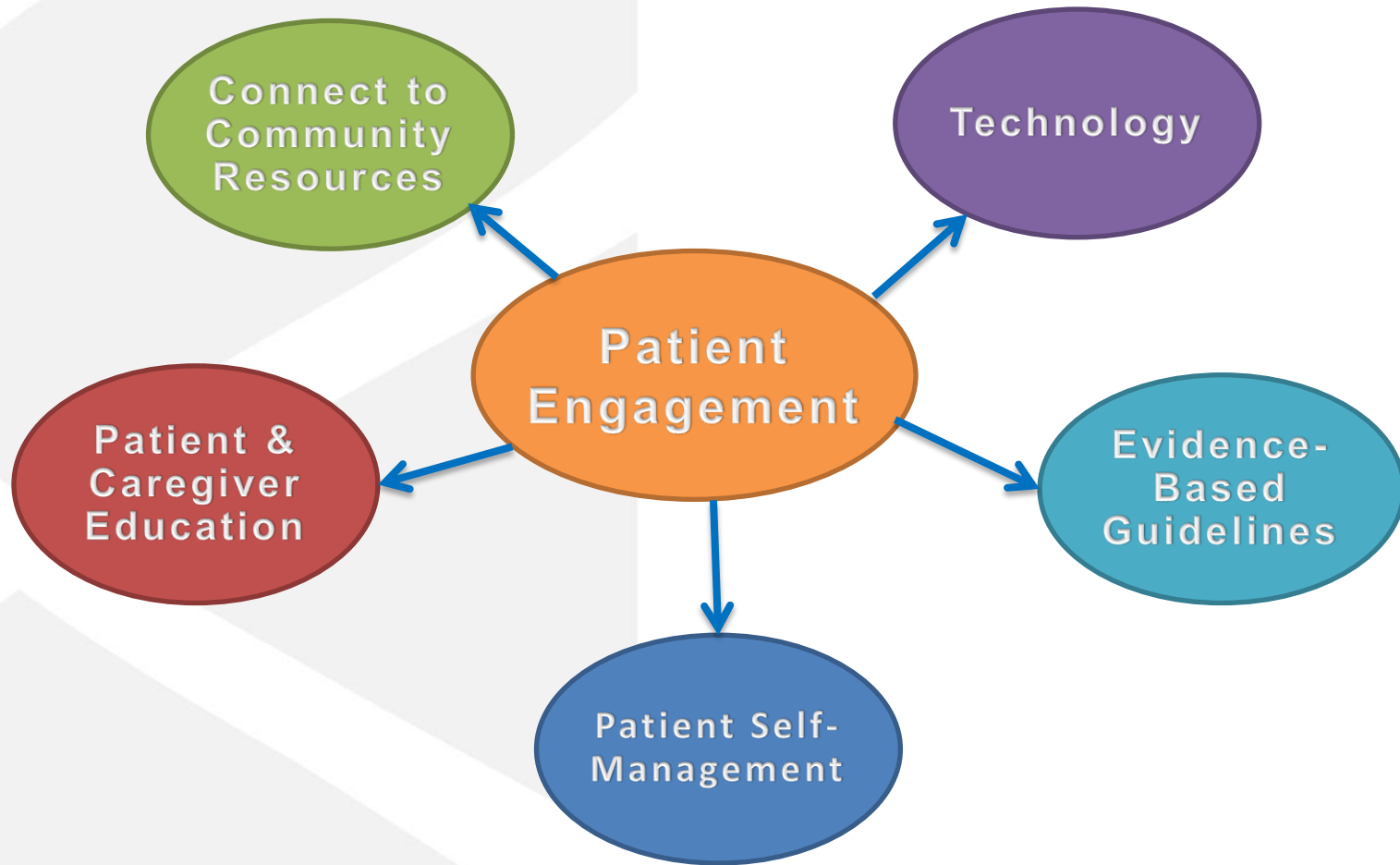
Senior Home Care, Florida 29 agencies covering 54 counties



Synergy Home Care, Louisiana 17 agencies covering all 64 parishes





Senior Home Care's Clinical Care Approach



Patient Centered-Goal Directed

Senior Home Care Clinical Programs, Standards of Care, Services

Clinical Programs

-  Transitional Care (leadership is Coleman trained and certified) – focused on Chronic Care management and reducing re-hospitalizations
-  Behavioral Health (ACHC accredited)

Standards of Care

-  Cardiac
-  Diabetes
-  Chronic Edema
-  Steady Steps
-  Orthopedic Rehab
-  Wound Care

Services

-  Senior Living Options
-  Low Vision
-  Telemonitoring

Transitional Care Program

Patient Centered-Goal Directed



Transition to
Home



Patient-
Centered
In-Home
Education



Improved
Ongoing Self-
Management

Transition Across the Healthcare Continuum

Physical Therapy Services

- Skilled evaluation , assessment and treatment of motor/movement impairments including limitations of limb movement, walking ability, balance, transfers, pain, strength, coordination, as well as home safety management and planning, fall risk reduction training, disease management training,
- Patient/Goal focused individualized

Occupational Therapy Services

- Skilled evaluation, assessment, and treatment of functional skills loss including vision loss management and retraining, ADL training including grooming, bathing, dressing, cooking, feeding, etc
 - Equipment fitting and management for wheelchairs, cushions, supportive devices, adaptive equipment
- Individualized care plans for each client

Speech Therapy Services

- Skilled evaluation, assessment, and treatment for loss of speech/cognition/oral-motor function including difficulty swallowing, vocal production loss, memory re-training, cognitive re-training
- Individualized care plans for each client

HUNTINGTON'S DISEASE

Physical Therapy Considerations

(See Handout)

Huntington's Disease

Physical Therapy Considerations

1. Safety/Risk
 - a. Environmental Considerations
 - i. Room size, Space available, Controlled vs. Uncontrolled Environment, Distractions.
 - b. Patient Limitations
 - i. Length of diagnosis
 - ii. Patient living situation
 - iii. Functional needs vs. Patient goals
 - iv. Cognitive, Behavioral, Comorbidities
 - c. Equipment
 - i. 4 wheeled walker vs 2 wheeled walker.
 1. 4 wheels help maintain mobility (preferred)
 2. 2 wheels help maintain stability (later stages--transfer assist)
 - ii. Transfer Belts
 - iii. Specialized mattresses
 1. Multiple varieties
 - iv. Wheelchairs
 1. Good for long distances
 2. Watch out for Depression symptoms--may cause early decline, chair dependence
 3. Taxing on cardiovascular system when self-propelled
 - v. Functional Equipment
 1. Bed side commodes
 2. Raised Toilet Seats
 3. Grab Bars
 4. Bed Rails--Helpful at the right time. Can become hazardous in later stages
 5. Urinals/Bed Pans--Necessity only. Reduce skin breakdown risk by isolating toileting.
 6. Adult Diapers--Great when checked and changed frequently
 7. Reachers
 8. Dressing aides
 - vi. Medications
 1. Pro vs. Cons
 - a. Feedback to MD is CRUCIAL with regard to patient tolerance, particularly behavioral changes. Let the MD decide what is expected with disease progression.
 - b. NEVER alter dosing or schedule without MD approval
 - c. MD needs to know all vitamins and supplements (CoQ-10)
 2. Know Your Limits
 - a. Voluntary versus Involuntary Movements
 1. Best to work on improved control of voluntary mobility rather than trying to suppress involuntary movements:
 1. Frustrating for caregiver. More frustrating for patient.

Resource Slide

- Senior Home Care- 2012-2013 clinical support data
- Tampa office 813-630-9636
- Physical Therapy – standard of practice by kyle.haynes@seniorhomecare.net
- tspinks@seniorhomecare.net
- HDSA.org
- ☺

Questions...

THANK YOU