



How to talk to your parents about Huntington's Disease.

Who do you talk to?

Which parent? The one with HD the one without, or both parents together?

The one that is most willing to talk?

Have any of you talked to your parents about HD?

When do you talk to your parent/s?

Timing-when open to talking(how do you know when that is); consider the stage of the parent with HD and the age of the child.

Where?

What type of setting are you in when you bring up the subject of HD

Are you prepared to talk to your parents?

How to talk to parent/s?

When you talk about other subjects, how does that happen?

When is your parent most comfortable to approach?

How do you approach?

What questions do you have?

What do you want to know from your parents?

Why do you want to know it?

Will it help to have questions written down?

To Summarize:
Who to talk to
When to talk
Where to talk
What to say

Summary: Where do you get information that is accurate
How do you help others to get accurate information

Thank You; Eileen Krueger LSW and thank you to BJ Viau for his assistance with this information.