

Getting Support and Staying Connected

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HDSA encourages all attendees to consult with their primary care provider, neurologist or other healthcare provider about any advice, exercise, medication, treatment, nutritional supplement or regimen that may have been mentioned as part of any presentation.



Presenter Disclosures

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The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No relationships to disclose or list





Welcome to HDSA!





The Huntington's Disease Society of America is the premier nonprofit organization dedicated to improving the lives of everyone affected by Huntington's disease.

From community services and education to advocacy and research, HDSA is the world's leader in providing help for today and hope for tomorrow for people with Huntington's disease and their families.



Defining Best Practice

- Identify and work with multidisciplinary care team
- Knowledge base of HD including:
 Genetics, Research, Advanced Directives, State and federal insurances, Long term care, Family dynamics
- Provide Resources
 Written materials
 Support group information
- Provide in-services to LTC
- Promote Advocacy



Where to direct families for services?

- HDSA National Helpline
- HDSA Centers of Excellence
- HDSA Chapters











Albany Medical College (NY) Beth Israel Deaconess Medical Center (MA) Cleveland Clinic (OH) Colorado Neurological Institute Columbia Health Sciences/NYS Psychiatric Institute (NY) Dartmouth-Hitchcock Medical Center (NH) **Duke University (NC) Emory University (GA) Georgetown University (DC) Hennepin County Medical Center (MN) Indiana University** Johns Hopkins University (MD) **Massachusetts General Hospital Northwestern University (IL) Ochsner Health System (LA) Ohio State University**

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University of South Florida University of Tennessee Health Science Center – Memphis University of Texas Health Science Center-Houston **University of Utah University of Vermont, Frederick Binter** Center for Parkinson's Disease & Movement **Disorders University of Virginia University of Washington (WA) University of Wisconsin- Madison Vanderbilt University Medical Center (TN) Virginia Commonwealth University Washington University School of Medicine** (MO)

HDSA Center Of Excellence Partners
Cole Neuroscience Center, University of
Tennessee
Kaiser Permanente
Oregon Health Sciences University
University of Tennessee, Erlanger Health
System
University of Mississippi Medical Center
University of Alabama



What is an HDSA Center of Excellence?

- The HDSA Centers of Excellence program was created to provide <u>comprehensive array of services</u> for HD families
 - All services are offered under one umbrella known as an "HDSA Center of Excellence."
- The <u>heart</u> of the program: Multi-disciplinary team
- Access to research is <u>central</u> to the program
 - Two highest levels of funding require participation in research projects

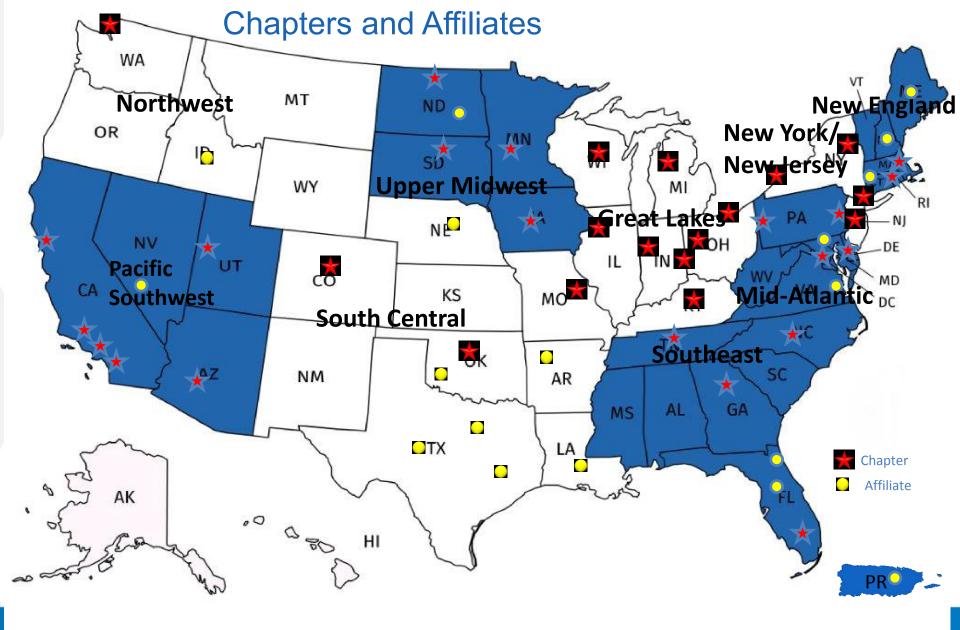


Goals of the HDSA Center of Excellence Program

The goals of the HDSA Center of Excellence program:

- Increase access to the best possible clinical care and services for individuals affected by Huntington's disease (HD) and their families through a geographically diverse network of local and/or regional clinical centers.
- Provide professional and lay education in the geographic areas they serve.
- Be involved in HD clinical research.
- Work with HDSA locally and nationally in its efforts to continually improve the lives of those affected by HD and their families.





Chapters and Affiliates

- Tasked with organizing grassroots fundraising and awareness initiatives in their local communities
 - Team Hope walks
 - Hoopathons
 - Celebration of Hope dinners
- Educational events



Social Workers at HDSA



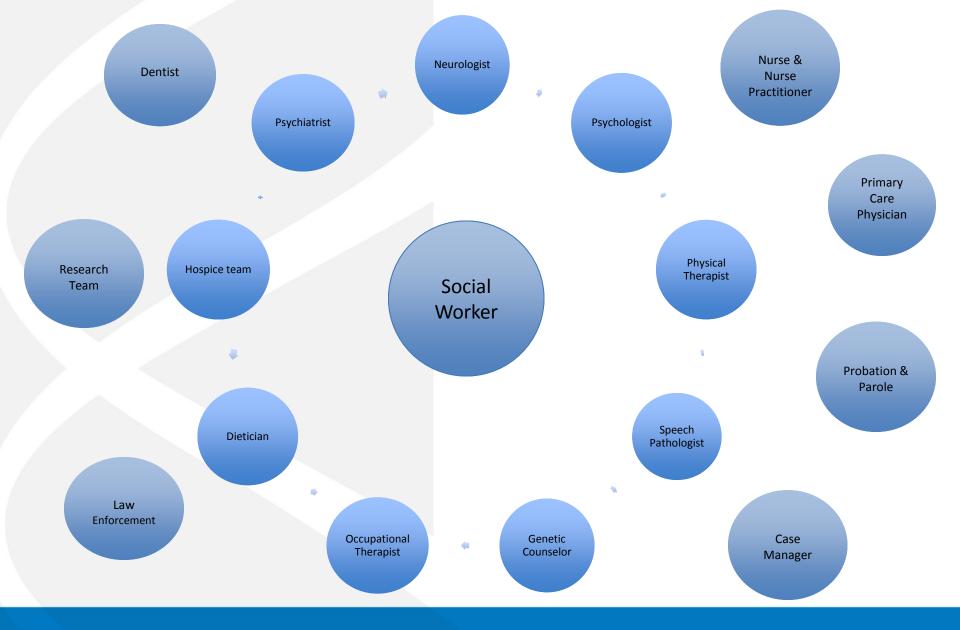
HDSA Social Workers

- Three types of social workers:
 - Chapter/Affiliate/Regional Social Workers are hired through a local chapter, affiliate or region.
 - Center of Excellence Social Workers are hired through a Center of Excellence. They often work out of clinics.
 - Dual Social Workers work with both the Chapter and the Center of Excellence.











Support Groups and Counseling

160 support groups across the country

Access list through http://hdsa.org/about-hdsa/locate-resources/

Online support groups through Support Groups Central 5 licensed HDSA social workers leading primarily caregiver groups

www.supportgroupscentral/hdsa.com

HD trained social workers and psychologists at American Well offering 8 free sessions to those with HD and their family www.hdsa.amwell.com



HDSA Website



Resources and Tools

www.HDSA.org

- On line publications may be downloaded and ordered
- Educational Guides
 - Caregiver Guide for Mid to Late Stage HD
 - Family Caregiver Guide
 - Law Enforcement Toolkit
 - Physician Guide
 - Understanding Behavior in HD
- Learn more about HD
 - Caregiver's Corner webinars- care management
 - Research webinars
- For healthcare professionals



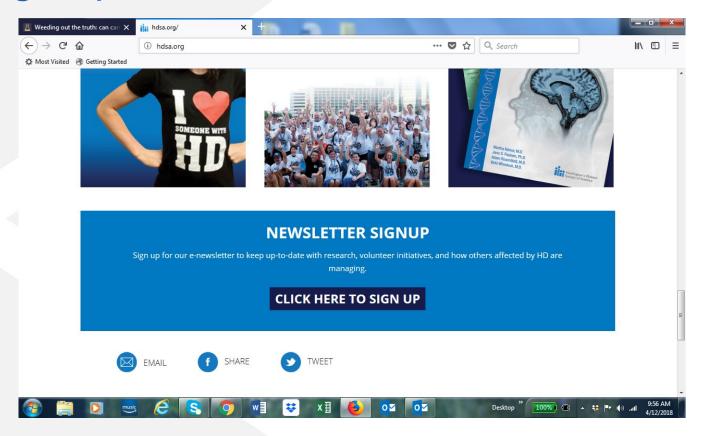
Publications

- Educational Guides
 - Caregiver Guide for Mid to Late Stage HD
 - Family Caregiver Guide
 - Law Enforcement Toolkit
 - Physician Guide
 - Understanding Behavior in HD
- Pamphlets

Family Guide, Talking to Kids, Law Enforcement toolkit, Caregivers' guide to Communicating with Healthcare providers, Physical and Occupational Therapy, Speech-Language and Swallowing Difficulties, Genetic Testing



Sign up for Newsletter





Email Lists Include:

- Advocacy
- Educational Events
- Fundraising Events
- General Interest
- Research
- Team Hope



Enroll in a Clinical Trial



HDSA Programs and Services



Advocacy

- Speak up politically to improve access to care and benefits for individuals impacted by Huntington's disease at the national level. Advocacy is also educating legislators in the U.S. Congress about HD.
 Social workers working with HD families make great advocates. (Please review your institution's policy on using your work/edu address)
- Introduce families to advocacy and help them have the opportunity to effect change for their families.
- Go to <u>www.hdsa.org/advocacy</u> to learn more and download the tools you need to participate

Contact Jennifer Simpson at jsimpson@hdsa.org or by phone at 800-345-4372 ext 226



National Youth Alliance



Educational Events

- Many Chapters and Centers of Excellences offer educational events to provide information on HD to people in the area.
 - This can happen as a joint venture.
- HDSA has grants available to support local educational events.
- Educational events are an excellent opportunity for regional social workers (Center of Excellence and Chapter) to build relationships with other HD-knowledgeable clinics.
- For more information on education events, please contact Deb Lovecky at dlovecky@hdsa.org.



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